

Freeport Recreation Center



130 EAST MERRICK RD.
FREEPORT, NY 11520
(516) 377-2314 FAX (516) 377-2318
WWW.FREEPORTNY.GOV



Summer Registration for Camps & Programs

Freeport Residents:

Saturday, April 6, 2024 8:00am-11:00am

Non-Residents:

Sunday, April 7, 2024 8:00am-11:00am



Summer Registration for Swim Programs

Freeport Residents:

Saturday, May 18, 2024 8:00am-11:00am

Non-Residents:

Sunday, May 19, 2024 8:00am-11:00am



***Incorporated Village of Freeport
46 N. Ocean Ave.
Freeport, NY 11520***

Robert T. Kennedy, Mayor

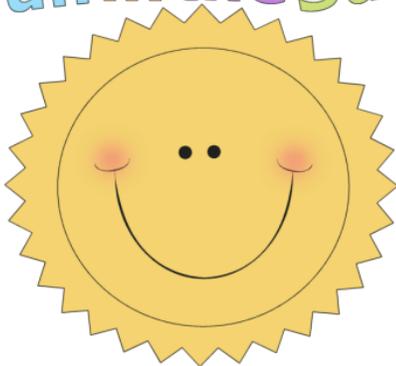
***Elizabeth Comerford
Manager, Recreation Center***



JOIN US FOR ALL THE SUMMER FUN



Fun in the Sun



ALL PATRONS MUST HOLD A CURRENT ACTIVITY CARD
THERE ARE NO REFUNDS, CREDITS OR PRO-RATES
PROGRAMS AND FEES ARE SUBJECT TO CHANGE

CHILDRENS PROGRAMS

*UNLESS NOTED, ALL CHILDREN'S PROGRAMS ARE 8 WEEK SESSIONS

**ALL PROGRAMS ARE DROP OFF PROGRAMS. PARENTS ARE NOT
ALLOWED TO BE IN THE CLASSROOMS DURING CLASS TIME.

KIDS YOGA

Ages: 5 to 9 years old

Yoga for kids encourages healthy self-esteem, body awareness, and cooperation with others in a non-competitive space. Yoga will enhance your child's flexibility, strength, and coordination. There will be a focus on breathing and relaxation techniques as well as time for art therapy!

Thursdays: 4:00-5:00PM

FEE: Resident \$60 Non-Resident \$75

DATES: April 11, 18 May 2, 9, 16, 30 June 6, 13

BACK TO BROADWAY BASICS

****CLASSES WILL BE HELD AT 195
WOODCLEFT AVE. AT SPARKLE ON STAGE****
A "prep" course to learn the basic skills and fundamentals for acting, singing & dancing. Come share in the excitement & get those creative juices flowing.

Grades K-1st: Wednesdays: 4:30-5:30PM

Grades 2nd-4th: Wednesdays: 5:30-6:30PM

FEE: Resident \$60 Non-Resident \$75

DATES: April 10, 17, May 1, 8, 15, 22, 29
June 5

TUMBLING

Ages: 3 to 10 years old

This class features a weekly introduction of new skills consisting of forward and backward rolls, handstands, cartwheels, gymnastic positions etc. This class will help to promote a positive self image.

TUMBLING TOTS (Ages 3 yrs-5 yrs)

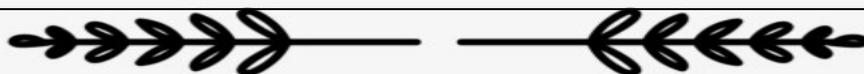
Sundays: 9:00-9:45AM or 11:15AM-12:00PM

TUMBLING KIDS (Ages 6 yrs-10 yrs)

Sundays: 10:00-11:00AM

FEE: Resident \$60 Non-Resident \$75

DATES: April 21, 28 May 5, 19 June 2, 9, 16, 23



ADULT PROGRAMS ages 16 & up

AQUACISE

Aquacise is minimal strain exercise in the water

Mondays OR Wednesdays: 9:30-10:15AM (With Carole)

MONDAY DATES: June 10, 17, 24 July 1, 8, 15, 22, 29 August 5, 12

WEDNESDAY DATES: June 12, 19, 26 July 3, 10, 17, 24, 31 August 7, 14

Tuesdays AND Thursdays: 9:30-10:15AM (With Christina)

5 week program, meeting twice a week. Class is a more moderate water exercise.

TUESDAY & THURSDAY DATES: July 9, 11, 16, 18, 23, 25, 30 August 1, 6, 8

FEE: Resident \$65 Non-Resident \$80

CHAIR YOGA

Chair yoga is for anyone who may have difficulty in the average yoga class. Learn fundamental yoga poses while seated in a chair, or using a chair as a prop for those who are able to stand.

Mondays: 10:00-11:00AM

FEE: Resident \$65 Non-Resident \$80

DATES: April 15, 22, 29 May 6, 13, 20 June 3, 10, 17, 24

FUNCTIONAL FITNESS

****NEW 6 Week Program****

Functional fitness is a moderate level fitness class. With the use of varying equipment, we will be strengthening our upper & lower body. We will also work on our core strength, balance, flexibility & mobility.

Equipment Needed: 1 set of dumbbells, a resistance tube or flat band & a mat.

Thursdays: 11:30AM-12:30PM

FEE: Resident \$40 Non-Resident \$50

DATES: April 11, 18, 25 May 2, 9, 16

YOGA

A dynamic series of postures which will increase your flexibility, strength and stamina for over all body awareness.

Wednesdays: 5:30-6:30PM

FEE: Resident \$65 Non-Resident \$80

DATES: April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12

ZUMBA

Zumba Fitness fuses international rhythms with easy to follow dance moves creating a dynamic, exciting and FUN workout!

Mondays: 7:00-8:00PM

FEE: Resident \$65 Non-Resident \$80

DATES: April 15, 22, 29 May 6, 13, 20 June 3, 10, 17, 24

SUMMER CAMP

Enrollment is limited and space will be reserved on a first come first serve basis. A copy of your child's immunization record and doctor's note is required and **MUST** be given to the Freeport Recreation Center before the first day of the program.

Please note: Much of the camp day is spent outdoors.

Payment in full is required at the time of registration.

Fees listed are per 2 week sessions

****Please note the 4th session is only 1 week****

**ABSOLUTELY NO REFUNDS OR CREDITS WILL BE
ISSUED**

All grades listed are as of September 2024

HALF DAY PROGRAM

KIDDIE PROGRAM

AGE 3 by the 1st of December through Kindergarten

9:00AM-12:00NOON

Session 1: June 27th-July 12th (*No Camp on July 4th & July 5th)

Session 2: July 15th-July 26th

Session 3: July 29th-August 9th

Session 4: August 12th-August 16th (1 week session)

Fees (PER SESSION): Resident: \$230 Non-Resident: \$255

Fees (4th SESSION): Resident: \$115 Non-Resident: \$130

Children in the Kiddie program **MUST be toilet trained.**

Kiddie Program includes swimming, sports, arts & crafts, playground time, and loads of fun!

FULL DAY PROGRAM

JUNIOR PROGRAM

GRADES 1st through 5th

9:00AM-4:00PM

Lunch is not provided for Full Day Programs.

You **MUST** pack a lunch

All grades listed are as of September 2024

Session 1: June 27th-July 12th (*No Camp on July 4th & July 5th)

Session 2: July 15th-July 26th

Session 3: July 29th-August 9th

Session 4: August 12th-August 16th (1 week session)

**** A CHILD'S CURRENT REPORT CARD MUST BE BROUGHT AT TIME OF REGISTRATION TO ENSURE PROPER GROUP PLACEMENT! ****

Fees (PER SESSION): Resident: \$410 Non-Resident: \$435

Fees (4th SESSION): Resident: \$205 Non-Resident: \$220

Junior Program includes swimming, sports, arts & crafts, playground time, ice skating, special events and so much more! Don't miss out on all the fun!

****There is no offering of early or after care.**

Camp hours are strictly 9:00AM-4:00PM**



SWIM LESSONS

10 class sessions

FEE: Resident \$125 Non-Resident \$165

****Unless it is a parent/child class, parents are not allowed on pool deck****



Level A – Parent & Child Aquatics (6 months–3 years)

Parent must accompany child in water.

Skills include water adjustment front & back floating, breath control & water exit.

Pre-School- B (3-5 years) - Introduction to basic water skills, breath control, floating, develop a level of comfort & independence in the water.

MUST BE 3 BY THE START OF THE SESSION FOR PRE-SCHOOL B

Levels 1-5: Ages 6 & Up

Level 1 - Introduction to Water Skills

Skills include breath control, submerging mouth, nose & eyes, floating, treading water, swimming with arm & leg action on front & back.

Level 2 - Fundamental Aquatic Skills

Skills include breath control, submerging entire head, buoyancy on front and back, swimming and changing direction, and swimming 15 feet using arms and legs.

Level 3 - Stroke Development

Skills include breath control and underwater swimming, buoyancy on front and back, front & back crawl, and introduction to backstroke, breaststroke and butterfly.

Level 4 -Stroke Improvement

Skills include swim front crawl 25 yds., elementary backstroke, breaststroke, & butterfly.
Must be able to swim in deep water.

Level 5- Stroke Refinement

Endurance and stroke coordination in the freestyle, backstroke, and breaststroke and butterfly.
Must be able to swim in deep water.

Adult Swim Lessons

Beginner: Introduction to basic swimming techniques. Learn basic water skills including breath control, floating, kicking, treading, and beginning to learn the front and back crawl strokes.

Intermediate: Learn additional skills and improve stroke technique after mastering the basics. Students should be able to swim front crawl approx. 15 yards. Skills include front crawl w/ rotary breathing, backstroke, elementary backstroke, treading, and building stamina.

FEE: Resident \$150 Non-Resident \$190

SCHEDULE OF SWIM LESSONS

Unless it is a parent/child class, parents are not allowed on pool deck

CLASS TIMES LISTED BELOW ARE START TIMES. CLASSES ARE 30 MINUTES

Level A-Parent & Child:

Tuesday & Thursday class meets twice a week for 5 weeks or
Saturday class meets once a week.

Tuesday & Thursday

10:15am

Saturdays

8am, 8:45am, 9:30am or 10:15am

Dates for Level A (Parent & Child)

Tuesdays & Thursdays: July 9, 11, 16, 18, 23, 25, 30 August 1, 6, 8

Saturdays: June 1, 8, 15, 22, 29 July 6, 13, 20, 27 August 3

Levels Pre-School B-5

	<u>Mon-Fri</u>	<u>Saturdays</u>
<u>Pre-School B:</u>	8:45am or 9:30	8am or 8:45am
<u>Level 1:</u>	4:30pm	8am, 8:45am or 9:30am
<u>Level 2:</u>	4:30pm	8:45am, 9:30am or 10:15am
<u>Level 3:</u>	5:15pm	9:30am or 10:15am
<u>Level 4:</u>	5:15pm or 6:00pm	10:15am
<u>Level 5:</u>	6:00pm	10:15am

DATES FOR LEVELS PRE-SCHOOL B-5

Sessions 1 & 2 are two weeks, meeting Mon-Fri for 10 consecutive classes
Saturday classes meet once a week

Session 1: M-F July 8, 9, 10, 11, 12, 15, 16, 17, 18, 19

Session 2: M-F: July 22, 23, 24, 25, 26, 29, 30, 31 August 1, 2

Saturdays: June 1, 8, 15, 22, 29 July 6, 13, 20, 27 August 3

* Adult Beginner Swim: Mondays or Wednesdays 6:45PM-7:45PM

* Adult Intermediate Swim: Tuesdays 6:45PM-7:45PM

Dates for Adult Swim Lessons

Mondays: June 3, 10, 17, 24 July 1, 8, 15, 22, 29 August 5

Tuesdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 August 6

Wednesdays: June 5, 12, 19, 26 July 3, 10, 17, 24, 31 August 7

Private Swim Lessons & American Red Cross Certification Classes

Please call 917-224-1513, visit www.aquaticsolutions-cpr.com OR
email help@aquaticsolutions-cpr.com for more information.

KIDDIE CLUB

Pre-school program begins September 2024



Kiddie Club is for children ages 3-4 years old (must be 3 by Dec. 1, 2024)

Kiddie Club, our pre-school program, is offered in a classroom setting. Daily activities include music, games, story time, arts & crafts, movement and exploration. This program is further enhanced by the amenities offered in our Recreation Center. Our Ice Rink, gymnasium and outdoor playground are included in the program's curriculum.

Children in Kiddie Club **MUST** be toilet trained.

Based on availability, parents may choose a morning OR afternoon session.

AM session: 9:00am-11:30am

PM session: 1:00pm-3:30pm

5 days a week monthly fee Resident \$185 and Non-Resident \$205

* Kiddie Club is a September-June commitment, broken down into 10 monthly payments.

Payment for the month of September is collected at time of registration.

* Payments are due on the first of every month. A \$20 late fee will be charged if payment is not received by the 15th of each month.

SWIM TEAM

*All swimmers age 5-16 years welcome!
(must be able to swim 25 yards independently)*

Fees: Resident: \$220 Non-Resident: \$270

Practice Begins on June 10th

Practice Times: Monday-Thursday

-8 & under: 5:00pm-5:30pm

-9-12 years: 5:30pm-6:30pm

-13 years +: 6:30pm-7:30pm

Practice Times are Subject to Change

SAVE THE DATE

Freeport Nautical Festival

Saturday, June 1, 2024 10:00AM-6:00PM

Fall Registration

Resident: Saturday, September 7, 2024 8:00AM-11:00AM

Non-Resident: Sunday, September 8, 2024 8:00AM-11:00AM

Puppy Pool Party

Saturday, September 7, 2024



Hours of Operation

Monday-Friday 6:15am-9pm*
 Saturday & Sunday 7:00am-6:00pm*

Saturday & Sunday: Swimming pool opens at 10am.
 (**ALL activities end 1/2 hr before closing)

Plans and Activity Cards may be purchased Monday-Friday 9am-7pm
 Saturday & Sunday 10am-4pm

Village Holidays

CLOSED ALL DAY

Labor Day
 Columbus Day
 Thanksgiving
 Christmas Day
 New Year's Day
 M L K Jr. Day
 President's Day
 Easter Sunday
 Memorial Day
 Fourth of July

EARLY CLOSING (5PM)

Veteran's Day
 Thanksgiving Eve
 Day After Thanksgiving
Christmas Eve & New Year's Eve-3pm closing
 Good Friday
Mother's and Father's Day - 2pm closing

Plans

	RESIDENT	NON-RESIDENT
INDIVIDUAL		
12 Month	\$230	\$320
6 Month	\$140	\$200
Summer	\$120	\$165
SENIOR (60)		
12 Month	\$180	\$245
6 Month	\$110	\$150
Summer	\$95	\$125
CHILD		
12 Month	\$205	\$280
6 Month	\$125	\$170
Summer	\$105	\$145
COUPLE		
12 Month	\$410	\$510
6 Month	\$250	\$310
Summer	\$210	\$260
FAMILY		
12 Month	\$475	\$660
6 Month	\$290	\$400
Summer	\$245	\$335

Daily Admission

	RESIDENT	NON-RESIDENT
ADULT	\$6	ADULT \$10
CHILD OR SENIOR	\$4	CHILD OR SENIOR \$8
ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)	ONE DAY PASS WITHOUT CARD \$12 (M-F) \$15 (Sat & Sun)

SUMMER MEMBERSHIPS ARE AVAILABLE FROM MEMORIAL DAY THROUGH LABOR DAY.

ACTIVITY CARDS:

RESIDENTS \$5.00 AGES 3 & UP—PROOF OF RESIDENCY REQUIRED ANNUALLY; PICTURE ID AND UTILITY BILL. CHILDREN MUST HAVE FREEPORT REPORT CARD OR INVOICE/STATEMENT FROM SCHOOL. MANAGEMENT MAY ACCEPT OTHER OFFICIAL SUBSTITUTES.
NON-RESIDENTS \$10.00 AGES 3 & UP

- SENIOR: 60 & OVER
- FAMILY PLAN: SPOUSES AND CHILDREN 21 YEARS OLD & YOUNGER, UNMARRIED, LIVING AT THE SAME RESIDENCE
- COUPLE: TWO ADULTS LIVING IN THE SAME RESIDENCE.
- CREDIT /DEBIT CARD TRANSACTIONS WILL BE CHARGED A FEE (2.55%) BY THE PROCESSING BANK.
- VISA AND MASTERCARD ACCEPTED.